
WOMEN WITH DISABILITIES

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"Meeting the Needs of Women with Disabilities: A Blueprint for Change," funded by the National Institute on Disability and Rehabilitation Research, was designed to promote increased access for women and girls with disabilities to services that meet their needs. We focused on access to nine different mainstream (non-disability) service systems that provide services to women and girls and have barriers to effectively serving women and girls with disabilities: Adoption, AFDC Benefits and Services, Aging Services, Child Care, Child Protective Services, Reproductive Health Services, Substance Abuse Services, Violence and Abuse Services and Youth Programs. Since this was a knowledge dissemination project, we conducted extensive reviews of the literature, consulted with knowledgeable women with disabilities in our areas of study, and interviewed program staff and administrators about barriers to access and levels of disability awareness.

As a result of our grant activities, we have developed the following materials designed to promote accessibility and inclusion about these service systems for women with disabilities, mainstream program operators, and policy makers. We also conducted a national survey of women with disabilities to identify which of these service systems have the greatest priorities for further research and dissemination efforts.



PRICE PER COPY
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■ ***Caregiver Abuse and Domestic Violence in the
Lives of Women with Disabilities***

*Written by Marlene F. Strong and Ann Cupolo Freeman
(Berkeley Planning Associates)*

\$10.00 [BPA-1]

Caregiver abuse/domestic violence was rated the number one issue by the respondents to BPA's Delphi Survey of disabled women. This booklet is designed for women with disabilities and providers of domestic violence and sexual assault services, as well as policy makers involved in designing personal assistance services. It explains how violence and abuse can be different for women with disabilities, delineates barriers to obtaining services, and describes what women with disabilities and service providers can do to overcome those barriers. Contains real-life stories shared by women with disabilities and describes steps they took to overcome violent and abusive situations. A must for women who use personal assistants or who know someone who does, as well as any disabled woman in an abusive relationship with a partner.

■ **Fostering Recovery for Women with Disabilities:**

Addressing Barriers to Alcohol and Other Drug Services \$10.00 [BPA-2]

Written by Ann Cupolo Freeman (Berkeley Planning Associates)

Nancy Ferreyra, Executive Director, and Christine Calabrese, Project Director of the Alcohol, Drug, and Disability Project (Pacific Research and Training Alliance)

This booklet is designed for both substance abuse programs and women with disabilities. It describes specific risk factors for substance abuse faced by women with disabilities, suggests how treatment programs can better serve women with a variety of disabilities, and provides information about the responsibilities of substance abuse programs and the rights of people with disabilities under the ADA.

■ **Including Girls with Disabilities in Youth Programs** \$10.00 [BPA-3]

Written by Ann Cupolo Freeman, Linda Toms Barker, and Marlene F. Strong (Berkeley Planning Associates)

Like all youth, girls with disabilities can greatly benefit from participating in local youth clubs and activities that help kids to improve their sense of accomplishment, develop positive self-esteem, and improve their social skills. This booklet was written for administrators and staff of youth programs to help them successfully integrate disabled girls in their programs. Parents of girls with disabilities and young women with disabilities will also find it useful to bring to the attention of programs they want to join.

■ **Including Older Women with Disabilities in Senior Programs**

\$10.00 [BPA-4]

Written by Ann Cupolo Freeman and Susan Haight-Liotta (Berkeley Planning Associates)

The population of older women with disabilities is growing. This booklet describes ways of promoting increased access for older women with disabilities in mainstream senior services. Written for administrators and staff of social service programs for seniors, it provides information about barriers faced by many older women with disabilities in senior services, gives an overview of accessibility needs of women with different types of disabilities, and programs' responsibilities under the ADA. Older disabled women and their families will also find it useful for communicating with senior programs about disability issues.

■ **Multiplying Choices: Improving Access to Reproductive Health Services for Women with Disabilities**

\$10.00 [BPA-5]

Written by Barbara Waxman Fiduccia, Project Director, Americans with Disabilities Act Training and Technical Assistance (Los Angeles Regional Family Planning Council, Inc.)

Edited by Linda Toms Barker and Ann Cupolo Freeman (Berkeley Planning Associates)

Describes issues disabled women face in gaining access to and managing reproductive health care and provides basic information about legal rights to health care services under the ADA. This booklet was written for both women with disabilities and reproductive health care workers.

■ ***Serving Mothers with Disabilities in Your Child Care Program***

\$8.00 [BPA-6]

*Written by Marlene F. Strong and Susan Haight-Liotta
(Berkeley Planning Associates)*

This booklet is designed for administrators and staff of child care programs. It describes barriers that disabled mothers face in obtaining child care services, gives an overview of accessibility needs of women with different kinds of disabilities, and briefly describes child care operators' legal obligations under the ADA. Mothers with disabilities will find this booklet useful in communicating with child care providers about disability issues.

■ ***When a Mother Has a Disability: Dealing with Disability in the AFDC and CPS Systems***

\$8.00 [BPA-7]

*Written by Marlene F. Strong and Susan Haight-Liotta
(Berkeley Planning Associates)*

This booklet is aimed at social workers in the child welfare system. It describes the barriers disabled mothers face in obtaining services, gives an overview of accessibility needs of women with different kinds of disabilities, and briefly describes the legal requirements under the ADA for social services programs.

■ ***You May Be Able to Adopt! A Guide to the Adoption Option for Women with Disabilities and Their Partners***

\$10.00 [BPA-8]

*Written by Linda Toms Barker and Susan Haight-Liotta (Berkeley Planning Associates)
Megan Kirshbaum, Margaret Jakobson, and Fred Nisen (Through the Looking Glass)*

This booklet describes the adoption process, explains the rights of prospective parents who have disabilities, and provides advice for prospective parents to increase their chances of being selected as adoptive parents.

■ ***Open Minds - Open Doors: Technical Assistance Manual to Assist Domestic Violence Service Providers to Become Physically and Attitudinally Accessible to Women with Disabilities***

\$35.00

Produced by the National Coalition Against Domestic Violence

(plus shipping & handling)

[Please use the attached order form]

A technical assistance manual to help domestic violence service providers to become physically and attitudinal accessible to women with disabilities. Developed by the National Coalition Against Domestic Violence and the Domestic Violence Initiative for Women with Disabilities. Along with several other programs and individuals, BPA staff contributed to the text of this manual. This product must be ordered directly from the National Coalition Against Domestic Violence. For additional information, please contact:

NCADV

P.O. Box 18749

Denver, CO 80218

(303) 839-1852 / e-mail: ncadv1@IX.netcom.com

- ***Priorities For Future Research: Results of Berkeley Planning Associates' Delphi Survey of Disabled Women*** \$5.00 [BPA-9]
Written by BPA Project Staff

Final summary report of a national Delphi survey conducted during 1995-96 to seek input from women with disabilities about the importance of various research and policy issues. About 100 respondents participated, ranking nine different mainstream service systems important to women including abuse and violence services, reproductive health services, youth programs, substance abuse programs, child care, child protective services, aging programs, Aid to Families with Dependent Children, and adoption. Caregiver abuse and domestic violence were found to be the number one issue of concern among respondents.

- ***Fact Sheet About Women with Disabilities in the United States*** \$1.00 [BPA-10]
Written by BPA Project Staff
(free with an order of any other BPA materials)

A two page fact sheet with useful statistics about women with disabilities in the following areas: prevalence of disability, employment, physical and sexual abuse, reproductive health issues and AFDC benefits.

- ***Meeting the Needs of Women with Disabilities: A Blueprint for Change, Bibliography*** \$5.00 [BPA-11]
Written by BPA Project Staff

Extensive project bibliography of literature about women with disabilities within the nine following topic areas under study in BPA's grant: abuse and violence services, reproductive health services, youth programs, substance abuse programs, child care, child protective services, aging programs, AFDC, and adoption.

Meeting the Needs of Women with Disabilities: A Blueprint for Change

PUBLICATION ORDER FORM

All prices include shipping and handling charges. Discounts are available for large orders.

PUBLICATION	COST PER COPY	NUMBER OF COPIES	TOTAL COST
Caregiver Abuse and Domestic Violence in the Lives of Women with Disabilities [BPA-1]	\$10.00	x _____ =	\$ _____
Fostering Recovery for Women with Disabilities: Addressing Barriers to Alcohol and Other Drug Services [BPA-2]	\$10.00	x _____ =	\$ _____
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Serving Mothers with Disabilities in Your Child Care Program [BPA-6]	\$8.00	x _____ =	\$ _____
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You May Be Able to Adopt! A Guide to the Adoption Option for Women with Disabilities and Their Partners [BPA-8]	\$10.00	x _____ =	\$ _____
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